



國際扶輪3450地區

香港 / 澳門 / 蒙古國 / 中華人民共和國廣東省

Hong Kong / Macao / Mongolia / The People's Republic of China – Guangdong Province

DISTRICT GOVERNOR'S MONTHLY NEWSLETTER



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December 2017

Dear Fellow Rotarians,

The month of December started with the Rotary Institute which took place in Taipei during 1-3 Dec 2017. Our future leaders (DGE YC Ho and DGN Wilson Cheng) attended training seminars tailored for DGEs and DGNs which were held just before the Institute. The event was well attended by more than 1,400 Rotarians from various Districts in three zones, in which latest developments and experience in various Rotary issues such as membership, foundation, service projects and leadership were discussed and shared.

It is most befitting that Rotary International has earmarked December as the month for Disease Prevention and Treatment, as many miracles worked by Jesus Christ were connected with disease treatment, while the flagship project of RI, polio-eradication, continues to be a most distinguished example of Rotary's work in disease prevention.

It is pleasing to note that two significant projects were conducted in December 2017 by Rotarians of our district helping our community in fighting against diseases.

The first one took place in the Hong Kong Polytechnic University (HK PolyU) on 9-10 December. Led by the Rotary Club of Mid-Level and co-organised by 5 other clubs in District 3450, the project "From Hopeless to Hopeful" enlisted the help of psychiatrists and other medical health professionals to help families and their youths to deal with the pressures and mental health issues which have led to a recent spate of tragic deaths in Hong Kong. The initiative included a total of 18 talks/workshops conducted over the entire weekend of Dec 9 (Saturday) and Dec 10 (Sunday) in HK PolyU. All sessions were open to the public free of charge. In parallel there was an exhibition at the HK PolyU of informative panels on the causes of mental health issues and ways of identifying and redressing them. The event was well attended reflecting its usefulness and impact on the community.

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The other one took place in the Hong Kong Brands and Products Exhibition (HKBPE) on December 28. It is an initiative of District 3450 to promote organ donation to the general public. This is the fourth year that the promotion campaign was presented, and has become all the more relevant as the HKSAR Government has since 2016 made the second Saturday of November as Organ Donation Day for Hong Kong. The Rotary initiative presented on the Main Stage of the HKBPE, which is one of the public events patronized by most citizens and tourists of Hong Kong, is an eye-catching means of further promoting the importance of organ donation to people suffering from diseases which can only be cured through organ transplantation. We are most pleased that the event was officiated by the Acting Secretary of Food and Health, Dr. Chui Tak-yi, and supported by the former Secretary of Food and Health, Dr. Ko Wing man. The highlight of the event was the singing of several songs by Dr. Ko together with Albert Au, a popular veteran pop-song singer in Hong Kong, encouraging the audience to upkeep their passion of helping the community with organ donation.

Another project, though not directly related to disease prevention and treatment, is also worth noting as it addresses the needs of the elderly population, which is rapidly becoming a predominant part of our community where the proportion of people aged 65 or above will account for more than 30% of the population in the foreseeable future. The project is a large scale carnival held in Kowloon Park with emphasis on imparting elderly people with important and useful information on how to live better by adapting to rapid changes in society, including IT communication, high housing costs and environmental issues. The large number of partner organisations supporting and participating in the event and large number of attendees reflects its relevance and popularity.

It is pleasing to see that Rotarians in our district are continuing with good projects which are making a difference and helping to build a community which is better to live in. The few projects mentioned above are just some examples out of many which our Rotary clubs are working on day by day. I am confident that Rotarians are proud of who they are, and are fully committed to the causes they cherish for being a Rotarian.

With best wishes for the New Year,

HW Fung

2017-18 District Governor

Rotary International District 3450

Taipei Rotary Institute 1-3 Dec 2017

The Rotary Institute for Zone 6B, 7A and 10B was held in the Grand Hotel of Taipei during 1-3 Dec 2017. The Convener of the Institute was Past RI Director Frederick Lin and the Chairman was PDG Surgeon Liu. The Institute was well attended by more than 1,400 participants from some 30 rotary districts.

As usual, before the main program of the Institute started, training seminars were organized for the future governors, namely, the Governor Elect Training Seminar (GETS) and the Governor Nominee Training Seminar (GNTS). Our DGN YC therefore had to be in Taipei two days before the Institute's meeting started, in order to attend the GETS, while DGN Wilson had to be there one day before the Institute's meeting in order to attend the GNTS. Highlight of the Institute was the keynote speech of RI President Elect Barry. RI Secretary General John Hewko and his staff team from Evanston provided useful information and updating about the latest development and initiative of the RI office in supporting rotary districts. The breakout sessions enabled Rotarians from various districts to share their experience and insight in major Rotary issues, notably membership, foundation, service projects, image building and leadership. Some 30 Rotarians from District 3450 attended the Institute, and many of our Rotary leaders (PDGs, DG, DGE and DGN) were panel speakers or rapporteurs of the breakout sessions. Participants enjoyed an Institute dinner with cultural performances by participants as the highlight. Participants from D3450 were also invited to a dinner by DG HW in one of the evenings. All in all, it was an event which facilitated knowledge and cultural exchange among the participating districts.

The next Rotary Institute of the same Zones will be held in Yogya of Indonesia during 30 Nov – 2 Dec 2018. Registration for the event has commenced and interested Rotarians should consider registering and making hotel accommodation as early as possible. See you in Yogya.











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Lunch with Prof Sophia Chan, JP, Secretary for Food & Health 15 Dec 2017

More than 20 Rotary leaders had the opportunity of lunching with Prof Sophia Chan, Secretary for Food & Health and also her Political Assistant, Mr. Kelvin Cheng, on 15 Dec 2017.

It was a relaxing but informative gathering. Prof Sophia Chan shared with us her work and experience as Secretary for Food & Health, a post which she took up half a year ago after having been the Under-Secretary in the same policy bureau for five years. It is pleasing to note her emphasis on basic health issues, which are particularly important in a community like Hong Kong where the population is rapidly ageing. Rotarians also took the opportunity of sharing with Prof Chan of the various projects organized by rotary clubs in helping to build a more healthy community. Chair of our District Health Care Committee, PDG Jason Yeung, gave a concise yet comprehensive report of the various significant health related service projects our district has conducted in the past six months and also those which are planned to be done in the latter half of the rotary year.

We are proud of the fact that Prof Chan was a rotary scholar. She is always pleased to acknowledge how she has benefited from the rotary scholarship which enabled her to complete a master degree in the UK. She has kindly agreed to be the Guest of Honor in the important event of 1 Feb 2018 and address the audience when we would charter our District Rotary Alumni Association.









"Singing for the Extraordinary" stage performance at the Hong Kong Brands & Products Expo for promotion of Organ Donation in Hong Kong 28 Dec 2017

Despite the advances in medical sciences, to many patients suffering from end stage organ failures, death would be imminent without organ transplantation.

Currently there are more than 3000 patients in HK who are waiting anxiously and helplessly for organ transplantation; many of them are likely to perish while waiting.

Rotarians of D3450 have been engaging in work to promote organ donation in HK, China and Mongolia since 2012.

The HK Brands and Products Expo (\bot \not \not \not \not \not is one of the key annual events in HK which attracts over one million visitors both from HK and overseas.

Our Rotary district started the first organ donation promotion performance at HKBPE in December 2014 with resounding success.

On 28th December 2017, we hosted another stage performance at HKBPE titled "Singing for the Extraordinary". "唱出不平凡 "

The performance started with words of encouragement from Acting Secretary for Food and Health, Dr. Chui Tak-yee and our DG HW followed by heart-warming sharing on stage by organ recipients, members of the donor families,

THE SECRET LEGS AND RECOURT DOD

stories on selfless sacrifice and eternal gratitude were told.

Heart felt appreciation for the wonderful gift of life was conveyed through songs from organ recipient and President of Society of Nephrology Dr. Sydney Tang. The event reached its climax when special guests, former Secretary for Food and Health, Dr. Ko wing —man (高永文) and the legend local folk singer Albert Au shui-keung (區瑞強) appeared on stage and with touching remarks and songs that deeply touched our hearts.

More than one hundred Rotarians together with leaders from nine key professionals and patients' organizations in HK and two hundred members of the public attended this one-hour stage performance.

It was an enjoyable and meaningful afternoon and many Rotarians have signed up as organ donors on the spot.

Like many Rotarians who attended this event, I went home feeling mighty extraordinary.

PDG Kenneth

Chair, District committee on promotion of Organ Donation









From Hopeless To Hopeful Saving young lives from the brink 9-10 Dec 2017

How well do we cope with mental health problems in our community? We hear so many sad stories about sufferers of mental health and the tragedies of suicide, especially among youths and students. There are many reasons why we should pay more attention and devote more resources in improving mental health.

- Mental health problems are common
- Many people are not well informed
- Many people with mental health problems do not seek help or delay seeking help
- There is a stigma associated with mental health problems
- People with mental health problems may not have the insight that they need help or may be unaware that effective help is available
- Professional and other support services are not always available when a mental health problem arises

We believe that mental health initiatives in our communities can improve lives by helping children, adults and families lead meaningful and productive lives. This underlines the Rotary value of service through which we help all the citizens we serve in our communities to positively balance their lives and to care for those who need our help and support.

Rotary Club of Mid-level hosted the captioned event together with the following co-organizers: Rotary Club of New Territories, Rotary Club of Peninsula, Rotary Club of Hong Kong Northeast, Rotary Club of Soho, Christian Family Services Centre and the Nursing Department of HK Polytechnic University. This was a mental health initiative with exhibition and workshops in the lobby of the podium level of HK Polytechnic University Jockey Club Auditorium on 9th December and 10th December 2017. The workshops covered a wide range of mental health topics conducted by speakers who were mostly Rotarians who were experts in their respective fields. We also video recorded the workshops and posted them online so that they could reach a wider section of the audience.

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Through this event, we want to create public's awareness of mental health issues and teach them how to respond to mental health challenges, challenges that include depression, anxiety, suicide, substance abuse, eating disorder, behaviour addiction, eating disorder etc. Attendees to this event would learn the signs, know the actions and be able to connect those in crisis to support systems that can help them recover.







Carol Singing Festival 16 Dec 2017

Every year around Christmas time, you would see groups of people singing Christmas carols in shopping malls, office buildings and open areas around town. Most probably, you are seeing people performing at the Carol Singing Festival ("CSF") organised by the Child Development Matching Fund ("CDMF"). CDMF is a community based charity that encourages the society at large to actively invest time, manpower and financial resources to enrich our next generation. It raises money from the community to match the personal savings of the participating youth of the Child Development Fund program. The CSF is one of the key events of CDMF in raising funds.

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In the past few years, Rotary Club of Hong Kong Northeast would take the lead to gather the support from various Rotary Clubs within the District to participate in the CSF and the past Christmas was no different. On 16 December 2017, Rotary Club of Hong Kong Northeast together with 5 other Rotary Clubs

including Rotary Club of Hong Kong City North, Rotary Club of Metropolitan Hong Kong, Rotary E-Club of District 3450, Rotary Club of Hong Kong Harbour and Rotary Club of Hong Kong Elements as well as their respective Rotaractors and Interactors spent the afternoon singing and performing Christmas carols to the people at Heritage 1881 at Tsimshatsui.

Under the backdrop of a heritage building and the beautiful Christmas decorations, DG HW Fung led more than 250 Rotarians, Rotaractors, Interactors and guests to sing many classical Christmas carols. There were also students performing hip hop dance and playing musical instruments. All in all, it was very worthwhile to spend the afternoon spreading our love to the public by singing Christmas carols and most importantly, through such activity, to raise fund to help the needy younger generation of Hong Kong.









Joy to the world Christmas night 17 Dec 2017

We had our 18th "Joy to the world Christmas night" at the Dong Guan Room at Conrad Hotel. Over 100 of our Rotarians, their families and friends, and Rotaractors spent a festive celebration with over 600 friends with special needs and their families.

It was again a tea Christmas party. We did it last year for the first time and it was so much appreciated that we decided to repeat.

It is a very meaningful event, and I hope that through this joint project the message of integration will become more widely known making it much easier for the disabled to be integrated into the society.

Christmas is a wonderful time of giving. This year our Rotary theme is: "Rotary: Making a Difference" wherever and whenever we can be of service to those in need with our hands and our hearts.

So our party focused on "Community interaction, Making a Difference", and we shared festive cheers and happiness with our 600 friends with special needs and their family members.

We had 2 Santa Claus, PP Fred Palmer and Rtn. Ignacio Marcovecchio.









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Guanxi Literacy and Poverty Alleviation Trip

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On 23 Dec 2017 at 7:00 am we gathered a group of 36, from RC Macau (P Fatima, IPP Sam and his Amy), Rotaractors, from RAC Macau (7) and RAC UMAC (24), and began our 12hrs trip to the Guanxi Province. Stopped on the way for a fast lunch and arrived in time

23-26 December 2017.

Next day we had breakfast at the hotel at 7:00 am and visited the first school.

to have dinner after checking into hotel.

School Long San is in the mountain area with around 300 students. Rotaractors brought souvenirs for each student, including souvenirs from the Macau Tourism Board and had games with them.

We had lunch at school.

In the afternoon we moved to School Chong Kao. This school needed our club to sponsor curtains. The number of students was the same.

Next day we visited a special education school. We had morning exercise with students and teachers. We have never been to this school before. You can find in this school students with various kinds of disability including eye impairment (blind), hearing impairment (deaf),

intellectual disability and physical disability.

We sponsored the students with warm clothes and shoes.

The Rotaractors brought souvenirs to the students, and played games with them.

In the above schools, the students have very little contact with their family.

We had a very tasteful lunch prepared by the school staff.

In the afternoon we moved to Rotary International Guanxi Du'an Yao Autonomous County Experimental Junior Middle School.

We had meeting with the school staff, and later we distributed school prizes to the good students.

The Rotaractors played basketball with the students and in 10 years for the first time we won. Imagine their happiness.

Later we had dinner at the school canteen.

Fátima Ferreira President 2017-18















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Top 10 Highest Average Attendance Percentage by Club in Nov 2017

Area	Club	Average Attendance Percentage
2	Central	95.00%
5	HK Northwest	86.00%
7	Peninsula South	84.80%
5	Mid-level	82.00%
5	The Peak	76.00%
8	Kowloon West	71.56%
5	City Northwest HK	70.00%
6	Kwai Chung	70.00%
2	Discovery Bay	69.00%
6	Shatin	69.00%

Upcoming Events

International Assembly, San Diego, California, USA 14-20 Jan 2018	The HK Bowling for All cum HK Blind Bowling 21 Jan 2018	Golf Tournament 31 Jan 2018	Rotary Alumni Association Charter Night & First Rotary Scholar Sharing Dinner 1 Feb 2018
DTTS	Rookie Star Dance Contest 2018	PETS I	Rotary HK Ultramarathon 2018
3 Feb 2018	4 Feb 2018	3 March 2018	4 March 2018